Oona

Is your baby feeding enough?

You can tell if your baby is feeding enough and getting the proper amount of food by their pee diapers. Don't worry about their poopy diapers - it's normal for babies not to poo regularly.

	Day	Number of Pee Diapers Baby Should Have
	1	1 pee diaper
	2	2 pee diapers
	3	3 pee diapers
	4-6	repeat the above pattern
	7	6 pee diapers



Breastfeeding & Lactation Support

If you have any concerns at all about any of the below, please contact us. Our lactation consultants can help.

- amount of food your baby is getting
- painful breastfeeding
- cracked nipples
- thrush

- blocked ducts
- mastitis
- latch issues
- milk supply concerns



We offer in-office, in-home and in-hospital appointments.